



ALLERGEN INGREDIENTS CATALOGUE

CATEGORY	<div><div><div>SL-QC01.PRINTED ALLERGEN INGREDIENTS CATALOGUE 82/18.09.23</div></div><div>PRODUCTS</div></div>	ALLERGENS													
		GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	IN-SHELL NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF
HOT DISPLAY PRODUCTS	TRADITIONAL BOUGATSA SWEET PIE WITH CREAM (+PRALINE)	√		X		X	√	√	√		X	X			
	CHEESE PIE	√		√			X	√	X			X			
	KOUROU CHEESE PIE / MINI KOUROU CHEESE PIE	√		√			√	√	X			X		X	
	MEDITERRANEAN KOUROU PIE	√		√		X	√	√	X		X	√		X	
	HANDMADE KASSERI CHEESE PIE	√		√			X	√	X			X			
	HANDMADE HAM & CHEESE PIE	√		√			√	√	X	√	X	X			
	HANDMADE PIE WITH GRAVIERA CHEESE	√		√		X	X	√	X	X	X	X		X	
	HOMEMADE HANDMADE PEINIRLI WITH BACON & PDO MYTILENE KASSERI CHEESE	√		X			X	√	X	X	X	X			
	SPECIAL CROISSANT	√		√				√			X	X			
	HANDMADE SAUSAGE ROLL PIE WITH FRANKFURT TYPE SAUSAGE	√		√		X	√	√	X		X		X		
	PIZZA SPECIAL	√		√			√	√	X	X	√	X			
	PIZZA MARGARITA	√		√			√	√	X	X	X	X			
	BACON STROBOLI	√		√		X	X	√	X	X	X	X			
	COUNTRY CHEESE PIE	√		X			X	√			X	X		X	
	COUNTRY SPINACH & CHEESE PIE	√		X			X	√			X	X		X	
	HANDMADE SPINACH PIE	√		X		X	X	X	X	X	X	X			
	TRADITIONAL POTATO PIE	√		X		X	X	X	X	X	X	X			
	VEGAN KOUROU "CHEESE" PIE	√				X			X			X			
	MINI HAM & CHEESE PIE	√		√		X	√	√	X	√	√	X		X	
	RARMESAN CROISSINI	√		√			√	√	X			√		X	
	MINI KOUROU KEFALOTIRI CHEESE PIE	√		√			X	√				X		X	
	SAUSAGE MINI ROLL	√		√			X	√	X	X	√	√			

√: PRESENCE AS AN INGREDIENT
X: TRACES, MAY CONTAIN AS INGREDIENT


ALLERGEN INGREDIENTS CATALOGUE

CATEGORY	<div><div></div><div>SL-QC01.PRINTED ALLERGEN INGREDIENTS CATALOGUE 82/18.09.23</div></div> <div>PRODUCTS</div>	ALLERGENS													
		GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	IN-SHELL NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF
PASTRIES	BUTTER CROISSANT	√		√			X	√	X						
	MINI BUTTER CROISSANT	√		√			X	√	X			X			
	CHOCOLATE CROISSANT	√		√			√	X	X			X			
	MINI CHOCOLATE CROISSANT	√		√			√	√	X						
	MIDI CINNAMON DONUT	√		X			√	X	X						
	CINNAMON ROLL	√		√			X	√	X			X			
	SUGAR DONUT	√		X			X	X	X			X		√	
	MINI PRALINE	√		√			√	√	√			X			
	BAKED ROLL THESSALONIKIS	√					√					√			
	WHOLE WHEAT BAKED ROLL THESSALONIKIS	√					√					√			
	BAKED ROLL THESSALONIKIS WITH GOUDA & REGATO CHEESE	√		X			X	√	X			X			
	CINNAMON COOKIES WITH CLOVE & NUTMEG	√		X					X			X			
	SUGAR FREE COOKIES WITH VALILLA FLAVOUR	√		√				√	X			X			
	MINI DONUT FULL PRALINE	√		√		X	√	√	√			X			
	DONUT FULL PRALINE	√		X		X	√	√	√		X	X	X		
	HALLOWEEN DONUT	√		X			√	√	√		X				
	BUTTER CROISSANT FULL PRALINE / MINI BUTTER CROISSANT FULL PRALINE	√		√		X	√	√	√			X			
	SOUR CHERRY PASTA FLORA	√		√			√	√	X	X	X	X	√	X	
	APRICOT PASTA FLORA	√		√			√	√	X	X	X	X	X	X	
	ORANGE PIE	√		√			X	√	X				X		
	CHOCOLATE PIE	√		√		X	√	√	√			X			
	SOFT COOKIE VALILLA WITH DARK CHOCOLATE CHIPS	√		√			√	√	X			X		X	
	COOKIE WITH OAT & HONEY	√		X			X	X	X			X			
	BISCUIT FILLED WITH CHOCOLATE CREAM	√		√		X	√	√	X			X			
	BISCUIT FILLED WITH WHITE CHOCOLATE CREAM	√		√		X	√	√	X			X			
	SMALL SWEET-BUN (+PRALINE)	√		√		X	√	√	√	X	X	X	√	X	
	OAT BAR WITH CRANBERRIES, RAISINS & SUNFLOWER SEEDS	√		√			X	√	X						
	CHOCO - VANILLA FLAVORED CAKE	√		√			X	√	X			X		X	

√: PRESENCE AS AN INGREDIENT


X: TRACES, MAY CONTAIN AS INGREDIENT

ALLERGEN INGREDIENTS CATALOGUE

CATEGORY	<div><div></div><div>SL-QC01.PRINTED ALLERGEN INGREDIENTS CATALOGUE 82/18.09.23</div><div>PRODUCTS</div></div>	ALLERGENS													
		GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	IN-SHELL NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF
SANDWICHES	TORTILLA FALAFEL & HUMUS	√		X			√	X		√	X	√			
	TORTILLA WITH SMOKED TURKEY & MILNER CHEESE	√					√	√	X	X	√				
	TORTILLA CHICKEN FILLETS & PARMESAN T. CHEESE	√		√			√	√		X	√				
	TORTILLA EGG & AVOCADO	√		√				√							
	TORTILLA SMOKED SALMON & AVOCADO	√			√			√		X					
	MINI BAGUETTE WITH SMOKED TURKEY & MAYONNAISE DRESSING	√		√	X		√	√	X	√	√	√			
	MINI BAGUETTE WITH PDO GRAVIERA NAXOS CHEESE	√		√			X	√	X	X	√	√			
	WHOLE WHEAT BAGUETTE SMOKED TURKEY	√		√	X		√	√	X	√	√	X			
	WHOLE WHEAT BAGUETTE TUNA	√		√	√		X	√	X	√	√	X			
	WHITE BAGUETTE DRY SALAMI & PDO GRAVIERA NAXOS CHEESE	√		√			X	√	X	√	√	X			
	WHITE BAGUETTE HAM	√		√	X		√	√	X	√	√	X			
	WHITE BAGUETTE CAESAR'S	√		√			√	√	X	X	√	X			
	MEZALLUNA WITH CAROB PDO FETA CHEESE & OLIVES	√		X			X	√	X			X			
	MEZALLUNA WITH CAROB SMOKED TURKEY & PDO MANOURI CHEESE	√		√			√	√	X	√	√	X			
	HANDMADE LOAF WITH SOURDOUGH CHICKEN & BACON	√		√			√	√	X	X	√	X			
	HANDMADE LOAF WITH SOURDOUG SMOKED PORK & PDO GRAVIERA CHEESE	√		√			X	√	X	√	√	X			
	BUTTER CROISSANT WITH SMOKED TURKEY	√		√	X		√	√	X	√	√	X			
	FILLED BAKED ROLL WITH SMOKED TURKEY & ARLA CREAM CHEESE	√					√	√	X	X	X	√			
	FILLED WHOLE GRAIN BAKED ROLL WITH SMOKED TURKEY & ARLA CREAM CHEESE	√					√	√	X	X	X	√			
	MINI BRIOCHE WITH HAM	√		√	X		√	√	X	√	√	X			
	MINI BRIOCHE WITH PDO MANOURI CHEESE	√		√			X	√	X			X			
	MINI BRIOCHE WITH SMOKED SALMON & ARLA CREAM CHEESE	√		√	√		X	√	X			X			
	TOAST WITH PEANUT BUTTER & BANANA	√		X		√	X	X	X			X			
	TOAST WITH CHEESE & HAM	√		X			√	√	X	X	X	X			
	TOAST WITH CHEESE & TURKEY	√		X			√	√	X	X	X	X			
	CLUB SANDWICH (with potatoes)	√		√	X		√	√	X	√	√	X	X		
	CHEESEBURGER	√		√	X		√	√	X	√	√	X		X	
	BBQ BURGER	√		√	X		√	√	X	X	√	X		X	
	HOT DOG	√		√	X		√	√	X	X	√	X		X	
	HAM TRIANGLES (BITES)	√		√	X		√	√	X	√	√	X			
	TURKEY TRIANGLES (BITES)	√		√	X		√	√	X	√	√	X			
	COLD CUTS & CHHESES	√		X			√	√	X	X	X	√			


√: PRESENCE AS AN INGREDIENT
X: TRACES, MAY CONTAIN AS INGREDIENT

ALLERGEN INGREDIENTS CATALOGUE

CATEGORY	<div><div></div><div>SL-QC01.PRINTED ALLERGEN INGREDIENTS CATALOGUE 82/18.09.23</div><div>PRODUCTS</div></div>	ALLERGENS													
		GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	IN-SHELL NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF
SALADS	DAKOS SALAD	√						√							
	CAESAR'S SALAD (with sauce)	√		√			√	√	X	X	√	X	X		
	FARSALA ORIGIN LENTILS & TUNA SALAD (with sauce)			X	√	X	X		X	X	√				
	CHICKEN SALAD WITH TRICOLOR QUINOA (with sauce)	√		X	X		√	√		X	√				
	SALAD WITH TRICOLOR QUINOA			X	X		X			X	X				
	CHEF'S SALAD (with sauce)	√		√			X	√	X	√	√	X			
	WHOLE WHEAT PENNE WITH OAT CAESAR'S SALAD (with sauce)	√		√			√	√	X	X	√				
	WHOLE WHEAT PENNE WITH OAT S SMOKED SALMON SALAD (with sauce)	√			√						√				
	WHOLE WHEAT PENNE WITH OAT TUNA SALAD	√			√					X					
PROTEIN BOWLS	CHICHEN TRICOLOR QUINOA PROTEIN BOWL	√		X	X		√	√		X	√				
	EGG AVOCADO PROTEIN BOWL			√	X	√	X		X		X	X			
	SMOKED SALMON AVOCADO PROTEIN BOWL			X	√		X				√				
YOGURTS MEALS	GRANOLA PROTEIN YOGURT BOWL	√				X	X	√	X			X	√		
	PEANUT BUTTER & BANANA PROTEIN YOGURT BOWL	√		X		√	X	√	X			X			


√: PRESENCE AS AN INGREDIENT
X: TRACES, MAY CONTAIN AS INGREDIENT

ALLERGEN INGREDIENTS CATALOGUE

CATEGORY	<div><div></div><div>SL-QC01.PRINTED ALLERGEN INGREDIENTS CATALOGUE 82/18.09.23</div></div>		ALLERGENS													
			GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	IN-SHELL NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF
CREATE	BREADS	SANDWICH BREAD	√									X				
		HANDMADE LOAF WITH SOURDOUGH	√		X			X	X				X			
		MEZZALUNA WITH CAROB	√		X			X	X	X			X			
		WHITE BAGUETTE	√		X			X	X	X			X			
		WHOLE WHEAT BAGUETTE	√		X			X	X	X			X			
		WHEAT SLICED BREAD	√		X			X	X				X			
		WHOLE WHEAT SLICED BREAD	√		X			X	X				X			
		BRIOCHE BREAD	√		X			√	√	X		X	X		X	
		TORTILLA	√													
	CHEESES	EDAM							√							
		PDO FETA							√							
		ARLA CREAM							√							
		MILNER							√							
		PDO GRAVIERA NAXOU							√							
		PARMESAN TYPE			√				√							
		CHEDDAR TYPE							√							
		MIXTURE OF SEMI-HARD CHEESE & PDO KASSERI CHEESE							√							
		PDO MANOURI							√							
	COLD CUTS	HAM						√	X	X	X	X				
		SMOKED TURKEY						√	X	X	X	X				
		PORK LOIN SMOKED						X	√	X	X	X				
		BACON						X	√	X	X	X				
		DRY SALAMI						X	X	X	X	X				
	MEATS	BURGER	√		X			√	√			X				
		CHICKEN FILLETS	√					√	√		X	X				
		HOT DOG SAUSAGE						√	√	X	X	X				


√: PRESENCE AS AN INGREDIENT
X: TRACES, MAY CONTAIN AS INGREDIENT

ALLERGEN INGREDIENTS CATALOGUE

CATEGORY	<div><div></div><div>SL-QC01.PRINTED ALLERGEN INGREDIENTS CATALOGUE 82/18.09.23</div></div> <div>PRODUCTS</div>		ALLERGENS													
			GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	IN-SHELL NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF
CREATE	DRESSINGS & SAUCES	MAYONNAISE DRESSING			√	X		X	√		√	√	X			
		GOURMET MAYONNAISE	X		√	X		X	X		X	√				
		CHEESE SPREAD			√	X		X	√		X	X	X			
		FARMER'S SALAD			√	X		X	X		√	√	X			
		RUSSIAN SALAD			√	X		X	X		√	X	X			
		CEASAR'S SAUCE			√				√			√				
		HUNGURIAN SPREAD			√	X		√	X		√	√	X			
		GREEK DRESSING WITH PDO FETA CHEESE	X		√				√	X	X	√				
		MILD SPICY SAUCE	√		√				X	X	√	√				
		BALSAMIC CREAM FIG KALAMATAS PAPADIMITRIOU & EXTRA VIRGIN OLIVE OIL DRESSING												√		
		PDO FETA CHEECE WITH THYME & EXTRA VIRGIN OIL DRESSING	X		√				√	X	X	√				
		CITRUS WITH KALAMATA MUSTARD PAPADIMITRIOU & FRESH APPLE DRESSING										√				
		KETCHUP	X		X	X			X	X	X	X				
		MUSTARD	X		X	X			X	X	X	√				
		SPICY MUSTARD										√				
		HUMUS			X				X		X	X	√			
	VEGETABLES	LETTUCE - ICEBERG - RADICCHIO / CURLY GREEN LETTUCE									X					
		ROCKET									X					
		CARROT									X					
	EXTRA CHOICES	OMELET			√				√							
		BOILED EGG			√											
		TUNA CHUNKS IN SUNFLOWER OIL				√										
		SMOKED SALMON				√										
		POTATOES							X		X			X		
		FALAFEL	√		X	X		X	X		√		X			
		PEANUT BUTTER					√			X						
		PRALINE	X				X	√	√	√			X			
		CUCUMBER PICKLE														
		ROASTED HAZELNUTS	X				X			√						
	EXTRA CHOICES FOR SALADS	CRANBERRIES					X			X						
		MINI BARLEY BITES WITH OLIVE OIL	√						X	X			X	X		
		BARLEY RUSKS WITH OLIVE OIL	√													


V: PRESENCE AS AN INGREDIENT
X: TRACES, MAY CONTAIN AS INGREDIENT

ALLERGEN INGREDIENTS CATALOGUE

CATEGORY	<div><div></div><div>SL-QC01.PRINTED ALLERGEN INGREDIENTS CATALOGUE 82/18.09.23</div></div>		PRODUCTS		ALLERGENS												
					GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	IN-SHELL NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES	LUPIN AND PRODUCTS THEREOF
BEVERAGES	COLD SPECIALTIES	FROZITO	X		X		X	X	√	X							
		FROZITO CHOCO	X		X		X	X	√	X							
		FROZITO VANILLA	X		X		X	X	√	X							
		GRANITA MELON	X				X	X		X							
		GRANITA PINEAPPLE & COCONUT	X				X	X		X							
		GRANITA MANGO & PASSION FRUIT	X				X	X		X							
		GRANITA STRAWBERRY	X				X	X		X							
		GRANITA LEMON	X				X	X		X							
		VANILLA MILKSHAKE	X		X		X	X	√	X							
		STRAWBERRY MILKSHAKE	X		X		X	X	√	X							
		CHOCOLATE MILKSHAKE															
	HOT SPECIALTIES	MOCHA	X		X		X	X	√	X							
		CHOCO	X		X		X	X	√	X							
		VANILLA	X		X		X	X	√	X							
	COFFEES	ESPRESSO (LATTE / FLAT WHITE)							√								
		CAPPUCCINO							√								
		NESCAFE (FLAT WHITE)							√								
		CREMA FREDO							√								
		VEGAN CAPPUCCINO (WITH SOYA DRINK)						√									
		VEGAN CAPPUCCINO (WITH COCONUT DRINK)						√		X							
		VEGAN CAPPUCCINO (WITH ALMOND DRINK)								√							
		VEGAN FREDDO CAPPUCCINO (WITH SOYA DRINK)						√									
		VEGAN FREDDO CAPPUCCINO (WITH COCONUT DRINK)						√		X							
	VEGAN FREDDO CAPPUCCINO (WITH ALMOND DRINK)								√								

√: PRESENCE AS AN INGREDIENT
X: TRACES, MAY CONTAIN AS INGREDIENT

ALLERGEN INGREDIENTS CATALOGUE

CATEGORY	<div><div></div><div>SL-QC01.PRINTED ALLERGEN INGREDIENTS CATALOGUE 82/18.09.23</div></div> <div>PRODUCTS</div>			ALLERGENS													
				GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	IN-SHELL NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF
BEVERAGES	EXTRA MATERIALS	SOYA DRINK							√		X						
		COCONUT DRINK							√		X						
		ALMOND DRINK									√						
		LACTO FREE MILK								√							
		DAIRY CREAM								√							
		CREAM WITH VEGETABLE FATS								√							
		CHOCOLATE FLAVOURED SYRUP	X		X			X	√	X	X						
		CARAMEL FLAVOURED SYRUP	X		X			X		√	X						
		MILK EASY 0,3% / MILK DRINK EASY 3% / CONDENSED MILK								√							
		CRANBERIES						X			X						
		CHOCOLATE POWDER								√							
		VERMICELLI							X	X	X						
		SWEET N' LOW								√							
	BEVERAGES	CHOCOLATE								√							
		FRUIT & SPICES HERBAL TEA													√		
	BEVERAGE SYRUPS	CARAMEL	X		X			X	X	X	X						
		HAZELNUT	X		X			X	X	X	X						
		CHOCOLATE	X		X			X	X	X	X						

√: PRESENCE AS AN INGREDIENT
X: TRACES, MAY CONTAIN AS INGREDIENT

ATTENTION: THE PRODUCTS CONSIST OF COMPOSITE RAW MATERIALS AND ARE PREPARED IN COMMON PLACES IN THE STORE, SO THE POSSIBILITY OF THE PRESENCE OF ANOTHER ALLERGENIC INGREDIENT **CANNOT BE EXCLUDED**

IN CASE THAT EXISTS IN THE STORE **CODE STOCK** THAT HAVE BEEN REPLACED OR REMOVED, PLEASE SAVE THE PREVIOUS VERSION OF THE LIST TO REFER TO, IF NECESSARY