



# ALLERGEN INGREDIENTS CATALOGUE

CATEGORY	 SL-QC01.PRINTED ALLERGEN INGREDIENTS CATALOGUE 86/15.02.24	ALLERGENS												
		GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	IN-SHELL NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES	LUPIN AND PRODUCTS THEREOF
HOT DISPLAY PRODUCTS	TRADITIONAL BOUGATSA SWEET PIE WITH CREAM (+PRALINE)	√		X		X	√	√			X	X		X
	CHEESE PIE	√		√		X	√	√	X		X	X		X
	KOUROU CHEESE PIE / MINI KOUROU CHEESE PIE	√		√		X	√	√	X		X	X		X
	MEDITERRANEAN KOUROU PIE	√		√		X	√	√	X		X	√		X
	HANDMADE KASSERI CHEESE PIE	√		√		X	X	√	X		X	X		X
	HANDMADE HAM & CHEESE PIE	√		√		X	√	√	X	√	X	X		X
	HANDMADE PIE WITH GRAVIERA CHEESE	√		√		X	√	√	X	X	X	X		X
	HOMEMADE HANDMADE PEINIRLI WITH BACON & PDO MYTILENE KASSERI CHEESE	√		X			X	√	X	X	X	X		
	SPECIAL CROISSANT	√		√				√			X	X		
	HANDMADE SAUSAGE ROLL PIE WITH FRANKFURT TYPE SAUSAGE	√		√		X	√	√	X		X		X	
	PIZZA SPECIAL	√		√			√	√	X	X	√	X		
	PIZZA MARGARITA	√		√			√	√	X	X	X	X		
	BACON STROBOLI	√		√		X	X	√	X	X	X	X		
	COUNTRY CHEESE PIE	√		X			X	√			X	X		X
	COUNTRY SPINACH & CHEESE PIE	√		X			X	√			X	X		X
	FLUTE STICK WITH ARLA CREAM CHEESE	√		X		X	X	√	X	X	X	√	X	X
	HANDMADE SPINACH PIE	√		X		X	X	X	X	X	X	X		
	TRADITIONAL POTATO PIE	√		X		X	X	X	X	X	X	X		
	VEGAN KOUROU "CHEESE" PIE	√				X			X			X		
	HANDMADE MUSHROOM PIE	√		X			X	X	X			X	√	
	COUNTRY ZUCCHINI PIE	√					X			√				
	MINI HAM & CHEESE PIE	√		√		X	√	√	X	X	√	X		X
	RARMESAN CROISSINI	√		√		X	√	√	X		X	√		X
KOULOURINI WITH CREAM CHEESE ARLA	√		X		X	√	√	X	X	X	√	X	X	
MINI CHEESE PIE WITH SESAME	√		X			X	√			X	√	√	X	
SAUSAGE MINI ROLL	√		√			X	√	X	X	√	√			
MINI COUNTRY SPINACH PIE	√		X		X	X	X	X	X	X	X			
MINI PIE WITH SWEET CREAM	√		X		X	X	X	X	X	X	X			

√: PRESENCE AS AN INGREDIENT

X: TRACES, MAY CONTAIN AS INGREDIENT


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		GLUTEN	CRUSTACEANS AND PRODUCTS THEREOF	EGGS AND PRODUCTS THEREOF	FISH AND PRODUCTS THEREOF	PEANUTS AND PRODUCTS THEREOF	SOYBEANS AND PRODUCTS THEREOF	MILK AND PRODUCTS THEREOF	IN-SHELL NUTS	CELERY AND PRODUCTS THEREOF	MUSTARD AND PRODUCTS THEREOF	SESAME SEEDS AND PRODUCTS THEREOF	SULPHUR DIOXIDE AND SULPHITES	LUPIN AND PRODUCTS THEREOF	MOLLUSCS AND PRODUCTS THEREOF
PASTRIES	BUTTER CROISSANT	√		√			X	√	X						
	MINI BUTTER CROISSANT	√		√			X	√	X		X				
	CHOCOLATE CROISSANT	√		√		X	√	X	X		X		X		
	MINI CHOCOLATE CROISSANT	√		√			√	√	X						
	CRETAN HANDMADE LYCHNARAKI	√		√			X	√	X	X	X	X	X	√	
	CINNAMON ROLL	√		√			X	√	X			X			
	SUGAR DONUT	√		X			X	X	X			X		√	
	MINI PRALINE	√		√		X	√	√	√		X	X		X	
	BAKED ROLL THESSALONIKIS	√					√					√			
	WHOLE WHEAT BAKED ROLL THESSALONIKIS	√					√					√			
	BAKED ROLL THESSALONIKIS WITH GOUDA & REGATO CHEESE	√		X			X	√	X			X			
	CINNAMON COOKIES WITH CLOVE & NUTMEG	√		X					X			X			
	SUGAR FREE COOKIES WITH VALILLA FLAVOUR	√		√				√	X			X			
	MINI DONUT FULL PRALINE	√		√		X	√	√	√			X			
	DONUT FULL PRALINE	√		X		X	√	√	√		X	X	X		
	DONUT WITH STRAWBERRY FILLING (LOVE DONUT)	√		√		X	√	√	X						
	BUTTER CROISSANT FULL PRALINE / MINI BUTTER CROISSANT FULL PRALINE	√		√		X	√	√	√			X			
	SOUR CHERRY PASTA FLORA	√		√			√	√	X	X	X	X	√	X	
	APRICOT PASTA FLORA	√		√			√	√	X	X	X	X	X	X	
	ORANGE PIE	√		√			X	√	X				X		
	CHOCOLATE PIE	√		√		X	√	√	√			X			
	SOFT COOKIE VALILLA WITH DARK CHOCOLATE CHIPS	√		√			√	√	X			X		X	
	COOKIE WITH OAT & HONEY	√		X			X	X	X			X			
	COOKIE WITH OAT, TAHINI & COCOA	√		X			√	X	X			√			
	BISCUIT FILLED WITH CHOCOLATE CREAM	√		√		X	√	√	X			X			
	BISCUIT FILLED WITH WHITE CHOCOLATE CREAM	√		√		X	√	√	X			X			
	SMALL SWEET-BUN (+PRALINE)	√		√		X	√	√	√	X	X	X	√	X	
	OAT BAR WITH CRANBERRIES, RAISINS & SUNFLOWER SEEDS	√		√			X	√	X						
	CHOCO - VANILLA FLAVORED CAKE	√		√			X	√	X			X		X	

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SANDWICHES	TORTILLA FALAFEL & HUMUS	√		X			√	X	√	X	√				
	TORTILLA WITH SMOKED TURKEY & MILNER CHEESE	√					√	√	X	X	√				
	TORTILLA CHICKEN FILLETS & PARMESAN T. CHEESE	√		√			√	√		X	√	X			
	TORTILLA EGG & AVOCADO	√		√				√			X				
	TORTILLA SMOKED SALMON & AVOCADO	√			√			√		X					
	MINI BAGUETTE WITH SMOKED TURKEY & MAYONNAISE DRESSING	√		√	X		√	√	X	√	√	√			
	MINI BAGUETTE WITH PDO GRAVIERA NAXOS CHEESE	√		√			X	√	X	X	√	√			
	WHOLE WHEAT BAGUETTE SMOKED TURKEY	√		√	X		√	√	X	√	√	X			
	WHOLE WHEAT BAGUETTE TUNA	√		√	√		X	√	X	√	√	X			
	WHITE BAGUETTE DRY SALAMI & PDO GRAVIERA NAXOS CHEESE	√		√			X	√	X	√	√	X			
	WHITE BAGUETTE HAM	√		√	X		√	√	X	√	√	X			
	WHITE BAGUETTE CAESAR'S	√		√			√	√	X	X	√	X			
	LENTEN WHITE BAGUETTE WITH VEGETABLE BURGER & VEGAN MAYO SAUCE	√		X	X		√	X	X	√	√	X	√		
	MEZALLUNA WITH CAROB PDO FETA CHEESE & OLIVES	√		X			X	√	X			X			
	MEZALLUNA WITH CAROB SMOKED TURKEY & PDO MANOURI CHEESE	√		√			√	√	X	√	√	X			
	HANDMADE LOAF WITH SOURDOUGH CHICKEN & BACON	√		√			√	√	X	X	√	X			
	HANDMADE LOAF WITH SOURDOUG SMOKED PORK & PDO GRAVIERA CHEESE	√		√			X	√	X	√	√	X			
	BUTTER CROISSANT WITH SMOKED TURKEY	√		√	X		√	√	X	√	√	X			
	FILLED BAKED ROLL WITH SMOKED TURKEY & ARLA CREAM CHEESE	√					√	√	X	X	X	√			
	FILLED WHOLE GRAIN BAKED ROLL WITH SMOKED TURKEY & ARLA CREAM CHEESE	√					√	√	X	X	X	√			
	MINI BRIOCHE WITH HAM	√		√	X		√	√	X	√	√	X			
	MINI BRIOCHE WITH PDO MANOURI CHEESE	√		√			X	√	X			X			
	MINI BRIOCHE WITH SMOKED SALMON & ARLA CREAM CHEESE	√		√	√		X	√	X			X			
	TOAST WITH PEANUT BUTTER & BANANA	√		X		√	X		X		X	X		X	
	TOAST WITH CHEESE & HAM	√		X			√	√	X	X	X	X		X	
	TOAST WITH CHEESE & TURKEY	√		X			√	√	X	X	X	X		X	
	CLUB SANDWICH (with potatoes)	√		√	X		√	√	X	√	√	X	X	X	
	CHEESEBURGER	√		√	X		√	√	X	√	√	X		X	
	BBQ BURGER	√		√	X		√	√	X	X	√	X		X	
	HOT DOG	√		√	X		√	√	X	X	√	X		X	
HAM TRIANGLES (BITES)	√		√	X		√	√	X	√	√	X		X		
TURKEY TRIANGLES (BITES)	√		√	X		√	√	X	√	√	X		X		
COLD CUTS & CHHESES	√		X			√	√	X	X	X	√		X		

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SALADS	DAKOS SALAD	√					√								
	DAKOS SALAD <b>LENTEN</b>	√									X				
	CAESAR'S SALAD <b>(with sauce)</b>	√		√			√	√	X	X	√	X	X		
	FARSALA ORIGIN LENTILS & TUNA SALAD <b>(with sauce)</b>			X	√	X	X		X	X	√				
	CHICKEN SALAD WITH TRICOLOR QUINOA <b>(with sauce)</b>	√		X	X		√	√		X	√	X			
	SALAD WITH TRICOLOR QUINOA			X	X		X			X	X				
	CHEF'S SALAD <b>(with sauce)</b>	√		√			X	√	X	√	√	X			
	WHOLE WHEAT PENNE WITH OAT CAESAR'S SALAD <b>(with sauce)</b>	√		√			√	√	X	X	√	X			
	WHOLE WHEAT PENNE WITH OAT S SMOKED SALMON SALAD <b>(with sauce)</b>	√			√						√				
WHOLE WHEAT PENNE WITH OAT TUNA SALAD	√			√					X						
YOGURTS MEALS	GRANOLA PROTEIN YOGURT BOWL	√				X	X	√	X			X	√		
	PEANUT BUTTER & BANANA PROTEIN YOGURT BOWL	√		X		√	X	√	X			X			

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PRODUCTS																
CREATE	BREADS	SANDWICH BREAD	√													X
		HANDMADE LOAF WITH SOURDOUGH	√		X				X	X						X
		MEZZALUNA WITH CAROB	√		X				X	X	X					X
		WHITE BAGUETTE	√		X				X	X	X					X
		WHOLE WHEAT BAGUETTE	√		X				X	X	X					X
		WHEAT SLICED BREAD	√		X				X				X	X		X
		WHOLE WHEAT SLICED BREAD	√		X				X				X	X		X
		BRIOCHE BREAD	√		X				√	√			X	X		X
	TORTILLA	√										X				
	CHEESES	EDAM								√						
		PDO FETA								√						
		ARLA CREAM								√						
		MILNER								√						
		PDO GRAVIERA NAXOU								√						
		PARMESAN TYPE			√					√						
		CHEDDAR								√						
		MIXTURE OF SEMI-HARD CHEESE & PDO KASSERI CHEESE								√						
	COLD CUTS	PDO MANOURI								√						
		HAM							√	X	X	X	X			
		SMOKED TURKEY							√	X	X	X	X			
		PORK LOIN SMOKED							X	√	X	X	X			
		BACON							X	√	X	X	X			
	MEATS	DRY SALAMI							X	X	X	X	X			
		BURGER	√		X				√	√			X			
		CHICKEN FILLETS	√		X				√	√		X	X	X		
		HOT DOG SAUSAGE							√	√	X	X	X			

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PRODUCTS																
CREATE	DRESSINGS & SAUCES	MAYONNAISE DRESSING			√	X		X	√		√	√	X			
		GOURMET MAYONNAISE	X		√	X		X	X		X	√				
		CHEESE SPREAD			√	X		X	√		X	X	X			
		FARMER'S SALAD			√	X		X	X		√	√	X			
		RUSSIAN SALAD			√	X		X	X		√	X	X			
		CEASAR'S SAUCE			√				√			√				
		HUNGURIAN SPREAD			√	X		√	X		√	√	X			
		GREEK DRESSING WITH PDO FETA CHEESE	X		√				√	X	X	√				
		MILD SPICY SAUCE	√		√				X	X	√	√				
		BALSAMIC CREAM FIG KALAMATAS PAPADIMITRIOU & EXTRA VIRGIN OLIVE OIL DRESSING												√		
		PDO FETA CHEESE WITH THYME & EXTRA VIRGIN OIL DRESSING	X		√				√	X	X	√				
		CITRUS WITH KALAMATA MUSTARD PAPADIMITRIOU & FRESH APPLE DRESSING										√				
		KETCHUP	X		X	X			X	X	X	X				
	MUSTARD	X		X	X			X	X	X	√					
	SPICY MUSTARD										√					
	VEGAN MAYO SAUCE	X		X	X		X	X		X	√					
	HUMUS			X				X		X	X	√				
	VEGETABLES										X					
											X					
											X					
	EXTRA CHOICES			√					√							
				√												
						√										
						√										
									X		X		X			
				√		X	X	X	X		√		X			
				√		X			√	X		X	√			
								√		X						
				X				X	√	√	√		X			
	EXTRA CHOICES FOR SALADS			X				X		√						
								X		X						
			√					X	X			X	X			
			√													

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PRODUCTS																
BEVERAGES	COLD SPECIALTIES	FROZITO	X		X		X	X	v	X						
		FROZITO CHOCO	X		X		X	X	v	X						
		GRANITA MELON	X				X	X		X						
		GRANITA PINEAPPLE & COCONUT	X				X	X		X						
		GRANITA MANGO & PASSION FRUIT	X				X	X		X						
		GRANITA STRAWBERRY	X				X	X		X						
		GRANITA LEMON	X				X	X		X						
		VANILLA MILKSHAKE	X		X		X	X	v	X						
		STRAWBERRY MILKSHAKE	X		X		X	X	v	X						
	CHOCOLATE MILKSHAKE															
	HOT SPECIALTIES	MOCHA	X		X		X	X	v	X						
		CHOCO	X		X		X	X	v	X						
	COFFEES	ESPRESSO (LATTE / FLAT WHITE)							v							
		CAPPUCCINO							v							
		NESCAFE (FLAT WHITE)							v							
		CREMA FREDO							v							
		VEGAN CAPPUCCINO (WITH SOYA DRINK)						v								
		VEGAN CAPPUCCINO (WITH COCONUT DRINK)						v		X						
		VEGAN CAPPUCCINO (WITH ALMOND DRINK)								v						
		VEGAN FREDDO CAPPUCCINO (WITH SOYA DRINK)						v								
VEGAN FREDDO CAPPUCCINO (WITH COCONUT DRINK)							v		X							
VEGAN FREDDO CAPPUCCINO (WITH ALMOND DRINK)									v							
XMAS CAPPUCCINO	v		X					v	X			X				

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PRODUCTS																	
BEVERAGES	EXTRA MATERIALS	SOYA DRINK						v		X							
		COCONUT DRINK						v		X							
		ALMOND DRINK								v							
		LACTO FREE MILK							v								
		DAIRY CREAM							v								
		CREAM WITH VEGETABLE FATS							v								
		CHOCOLATE FLAVOURED SYRUP	X		X		X	v	X	X							
		CARAMEL FLAVOURED SYRUP	X		X		X	v	X	X							
		MILK EASY 0,3% / MILK DRINK EASY 3% / CONDENSED MILK							v								
		CRANBERIES					X			X							
		CHOCOLATE POWDER							v								
	VERMICELLI						X	X	X								
	SWEET N' LOW							v									
	BEVERAGES	CHOCOLATE							v								
		XMAS CHOCOLATE	v		X				v	X			X				
		FRUIT & SPICES HERBAL TEA												v			
	BEVERAGE SYRUPS	CARAMEL	X		X		X	X	X	X							
		HAZELNUT	X		X		X	X	X	X							
CHOCOLATE		X		X		X	X	X	X								

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**ATTENTION:** THE PRODUCTS CONSIST OF COMPOSITE RAW MATERIALS AND ARE PREPARED IN COMMON PLACES IN THE STORE, SO THE POSSIBILITY OF THE PRESENCE OF ANOTHER ALLERGENIC INGREDIENT CANNOT BE EXCLUDED

IN CASE THAT EXISTS IN THE STORE **CODE STOCK** THAT HAVE BEEN REPLACED OR REMOVED, PLEASE SAVE THE PREVIOUS VERSION OF THE LIST TO REFER TO, IF NECESSARY